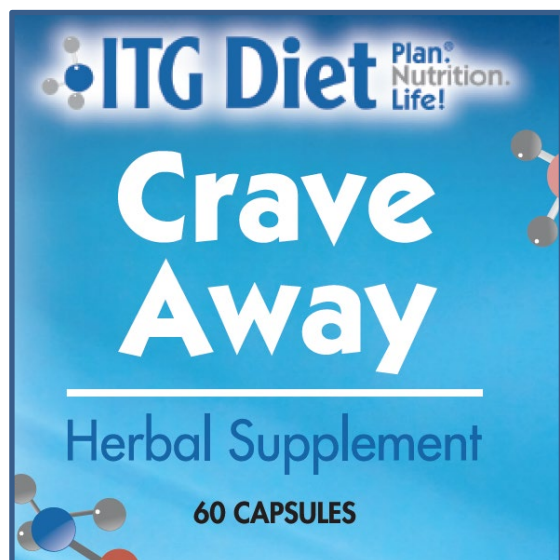




## Crave Away Capsules

Crave Away is a proven all-natural combination of herbal and fruit extracts and trace minerals.

Crave Away decreases your appetite naturally without the use of dangerous drugs or chemicals. The proprietary herbal blend controls cravings by increasing dopamine production, the “feel-good” neurotransmitter that plays a role in how we feel by boosting mood, motivation, and attention. When cravings are reduced, you can comfortably eat less. The simple, once a day dosage of this effective herbal blend makes it easy to control your appetite and follow the guidelines of your diet program. The new and improved formula means you take less capsules throughout the day, yet still reap the benefits of appetite control in conjunction with your diet plan.



| <b>SUPPLEMENT FACTS</b>   |               |
|---|---------------|
| Serving Size: 2 capsules  |               |
| Servings Per Container: 30  |               |
| Amount Per Serving  | % Daily Value |
| Chromium Picolinate 200mcg  | 167%          |
| Proprietary Blend 800mg   | *             |
| Citrus Aurantium 6%, Green Tea 50%,<br>Cha De Bugre, Caffeine, Mucuna<br>Pruriens L-DOPA, Garcinia Cambogia 50%,<br>Lotus Extract, Fucoxanthin 10%, L-Tyrosine. |               |
| * Percent Daily Value Not Established   |               |
| <b>Other Ingredients:</b> Gelatin, Cellulose, Silicon Dioxide and Magnesium Stearate.   |               |

**DIRECTIONS:** Adults take two (2) capsules before breakfast each day with an 8 oz (240 mL) glass of water.

DO NOT EXCEED RECOMMENDED DOSE. NOT FOR SALE TO, OR USE BY, PERSONS UNDER THE AGE OF 18. KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE (59°F - 86°F) IN A DRY PLACE AND KEEP TIGHTLY CLOSED.

**CAUTION:** Not for use by persons under the age of 18, pregnant or lactating women, insulin dependent diabetics, individuals with heart disease, or high blood pressure. Persons taking prescription medication should consult their physician before using this product.

Contains no known allergens. Ephedra Free. Gluten Free, Lactose Free, Soy Free.

\*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.



## Crave Away Effective Ingredients

**Chromium Picolinate:** the form of chromium commonly found in dietary supplements. It may be effective at improving the body's response to insulin or lowering blood sugar in those with diabetes. What's more, it may help reduce hunger, cravings, and binge eating.

**Citrus Aurantium:** bitter orange fruit. The juice, peel, and pulp can be taken orally. They have been used to ease anxiety, digestion, and sleeplessness. Citrus aurantium has also been used to promote weight loss. It can be applied to the skin or diffused as an oil

**Green Tea:** contains polyphenol antioxidants that reduce inflammation in the body, a known trigger of premature aging. These antioxidants also proactively protect cells from damage that can lead to a number of chronic illnesses, making it a superfood that offers a broad range of health protection.

**Cha De Bugre:** has a fruit that resembles a coffee bean and it is high in caffeine. The fruit also contains allantoin and allantoic acid. Supplements with cha de bugre note that they might be used as an appetite suppressant and for the caffeine effect of increased energy.

**Caffeine:** is a natural stimulant most commonly found in tea, coffee and cacao plants. It works by stimulating the brain and central nervous system, helping you stay alert and prevent the onset of tiredness.

**Mucuna Pruriens L-DOPA:** has been shown to be effective in increasing dopamine levels and may have an antidepressant effect. L-DOPA, also known as levodopa, is an amino acid made and used as part of the biology of humans. L-DOPA is used to increase dopamine concentrations, a neurotransmitter that plays a role in how we feel pleasure or reward.

**Garcinia Cambogia:** made from extracts of the peel of the Garcinia gummi-gutta fruit. They contain high amounts of HCA (hydroxycitric acid) which is linked to weight loss benefits.

**Lotus Extract:** Lotus contains chemicals that decrease swelling, kill cancer cells and bacteria, reduce blood sugar, help the breakdown of fat, and protect the heart and blood vessels. Chemicals in lotus also seem to protect the skin, liver, and brain.

**Fucoxanthin:** is a natural substance sourced from brown seaweed such as wakame (*Undaria pinnatifida*) and hijiki (*Hijikia fusiformis*). Said to offer a variety of health benefits, fucoxanthin is a carotenoid (a class of plant pigments with antioxidant effects).

**L-Tyrosine:** is a popular dietary supplement used to improve alertness, attention and focus. It produces important brain chemicals that help nerve cells communicate and may even regulate mood.

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