



Meet the ITG Diet Coaches

Joe – Also Operations Director for ITG Diet and Slim Down St Pete. Joe is dedicated to helping ITG Dieters reach their goals, and to helping ITG Diet Clinic coaches and owners with their daily operations. He has lost over 70 pounds on the ITG Diet! Read his [ITG Blog](#).

Katlin - Is a Florida native and worked in the medical profession for over 10 years.